

Rake in cash on your own time



Kate Fitzpatrick, 35, Ridgefield, CT

These women are helping others stay healthy—and bringing in serious money!

“I make up to \$500 a month selling essential oils”

“I run a social-media company, but I really wanted to do something more meaningful. So I was thrilled when one of my clients told me about an opportunity to become a wellness advocate for dōTERRA (dōTERRA.com), a company that educates people about how to use essential oils. I was already using the oils to quell my anxiety and boost my kids’ immune systems and help them sleep better. So when I learned I could help others achieve wellness through essential oils, and I could make money doing it, I knew it was perfect for me.

“Getting started was simple. I signed up for a membership, which costs \$35 a year, and also makes you eligible for discounts on products. Plus, dōTERRA provides free virtual training and they gave me a marketing resource kit, fact sheets and a guide to the various oils that I bring to my classes. I even had a mentor who helped me teach my first few classes so I would feel prepared to go out on my own.

“I generally host classes in someone else’s home or at a local tea shop or wellness center. I find most of my clients through word of mouth or when I post on Facebook about how I use essential oils, and I make money when my clients place orders. And if people choose to become wellness advocates themselves, I make a percentage of their sales as well.

“I spend between three and six hours a week on this work and I earn \$200 to \$300 a month, but I have made up to \$500 a month!

“I love that I get to empower people, particularly moms, to use essential oils to help their kids feel better and take control of their health. I also love the money I make—extra cash that goes toward bills or the occasional coffee or lunch out.”

“I earn \$450 a month brewing up healthy teas”

“I run a home day care, but as a mom of four, I was looking to make extra money. A friend had started a company called Teamotions (TeamotionsTeas.com), which sells teas that help boost immunity, manage stress and improve mood. I signed up as an ambassador.

“Now I host educational tasting events in my home or in another woman’s home. I brew six teas and talk about the herbs and why they’re beneficial, then the guests can taste and buy the teas. The teas

are organic and use adaptogenic herbs, which work to calm the nervous system. My customers tell me how the teas have helped them reduce stress, reverse insomnia and give them more energy.

“I make money on purchases and on repeat orders through their website. I usually earn \$150 to \$450 a month depending on how many I do. I love that I get to make a second income doing what I enjoy. The money I make helps to pay for extras like ballet classes for my daughters.”



Gina Booton 35, Boulder, CO

“I bring home \$300 a month selling nontoxic cleaning products”



Brandie Smith, 43, Anthony, KS

“I work part-time and I was interested in having another stream of income. I learned about Norwex (Norwex.com), a green cleaning-product company, when a friend hosted a party. I loved that the products were chemical-free, especially because I have problems with my lungs and I was sick of inhaling harsh cleaning products. When I saw how easy it was to sell, I decided to become a consultant myself.

“It was free to sign up. At the party I bring standard home-cleaning products and demonstrate how Norwex cleans more

efficiently and without toxic ingredients like parabens and phthalates. Most of the women at the parties are shocked when they learn how unsafe they really are.

“My parties are usually booked through word of mouth, but I also talk to friends and family about the products and use social media to market my business.

“I spend three to five hours a week on my business and I make between \$200 and \$300 a month, which I usually put into savings or use to purchase more Norwex products that I would have bought anyway!”

“I make \$280 a week helping people take their medicine”

“Last year I was looking for a new way to make money. When I heard about becoming a GoodStart Mentor for Pleio, a company that partners with pharmaceutical companies to help people stay healthy by taking their medication, and that it was a work-at-home position, I was excited. I applied at GoodStartU.info, and after a phone interview and a background check, I did online training, which I was paid for.

“On a typical day, I call people who recently had prescriptions filled. I give

them information about the medication, how to take it and the side effects. The pharmaceutical company provides the information, which I read verbatim from a script. Since I’m not a health-care professional, I can’t give medical advice.

“I work 20 to 25 hours a week and my schedule is flexible. I make \$280 to \$400 a week—money that helps me pay the bills.

“I love that I get to help people every day. I like that I can put them at ease by letting them know they’re not alone.”



Genni Edwards, 35, Albuquerque, NM

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